

Dear beloved readers,

Christmas is the season for giving, and we have a lucky draw just for you within the next few pages of the magazine. *Stand a chance to win prizes by emailing us. Good luck!

Do also look out for more Christmas giveaways in our latest NEXT magazine found at all the BUZZ outlets. This magazine caters to this new-aging sector – those who have time and are concerned about maintaining health and staying youthful, making the most of their money, looking good, improving relationships, traveling while they are still fit, and generally enjoying life as they deserve to after a lifetime of working hard.

Thank you once again for your unwavering support all these years. Here's wishing you Merry Christmas and a Happy New Year!

Love,
NTUC Media

Terms and conditions*
1. Lucky draw closes on 31 December 2010 midnight.
2. Judges' decision is final.
3. NTUC Media Co-operative reserves the right to amend the prizes.



Rock & Blues

9 Raffles Boulevard, #01-34,
Millenia Walk, Singapore 039596

Tel: 6336 9739

Website: www.rockandblues.com.sg

Home-grown retailer Rock & Blues, which carries four unique cult denim labels hailing from Japan, unveils its latest 'Shiny Denim' Autumn/Winter 2010 breakthrough collection.

Lucky Draw:

Calling for all fashionistas – this is your chance to win Rock & Blues' 4 free apparel giveaways! 2 tops (worth \$100 each) + 2 jeans (worth \$150 each) are up for grabs.

Please email promotions@ntucmedia.org.sg with your Name, NRIC, Contact Number, Email address and Address. Put the subject header as Rock&Blues



The Cathay Restaurant

2 Handy Road, #02-01 The Cathay, Singapore 229233
Tel: 6732 6623 Website: www.thecathayrestaurant.com.sg

The Cathay restaurant is serving up cantonese cuisine at its best. Be spoilt for choices with the brand new food menu consisting of 68 additional food items. This includes **Baked Chicken with Raw Salt (\$48)**, **Deep-fried Chrysanthemum Sea Perch (\$13)**, **Crispy Noodles with King Prawn in Superior Sauce (\$12.80)** and **Chilled Coconut Jelly served in Young Coconut (\$6.80)**.

For the busy executives with limited time, The Cathay Restaurant is introducing the traditional dim sum trolley service with the capacity to cart around up to 12 varieties of dim sum items, so that you have delectable treats pronto.

Looking at the tantalising picture of their signature Cathay Crispy Roasted Chicken got my colleagues and me salivating. So why wait? If you are in the mood for oriental delights, do try the latest fare at The Cathay Restaurant.

10 lucky winners will stand a chance to receive \$100 complimentary dining vouchers for The Cathay Restaurant.

Please email promotions@ntucmedia.org.sg with your Name, NRIC, Contact Number, Email address and Address. Put the subject header as The Cathay Restaurant.



ColorWash@Mandarin Gallery

Mandarin Gallery 333 Orchard Road #03-27, Singapore 238867
Tel: 6235 9130 Website: www.colorwash.com.sg

Korean-born, Gemma Gil, found a niche in the market and started *ColorWash* – a professional bag and shoes cleaning service.

Fashionistas out there should be delighted to know that *ColorWash* will clean, colour your bags to maintain their appearance and prolong their lifespan. Other services include degreasing, moisturising, repairing, transparent coating and water protection. Rest assured to know that your bag and shoes will be in the safe and loving hands of *ColorWash's* specialists.

Lucky Draw:

10 lucky winners will stand a chance to receive ColorWash's free cleaning service giveaways (worth \$60 each).

Please email promotions@ntucmedia.org.sg with your Name, NRIC, Contact Number, Email address and Address. Put the subject header as The ColorWash.





OTO CYBER Indulge CD 1880

It's time to indulge. Because you can.

You are looking at the first massage chair in the market that can massage the entire length of your back down to even your bottom and your thighs, kudos to OTO's patented design of one-stretch rollers.

OTO CYBER Indulge lives up to its name - it delivers a truly effective and intensive massage, releasing knots and penetrating acupressure points. Some of its additional key benefits include enhancing blood and lymphatic circulation, muscle ache and fatigue relief.

For the 15 minutes that I was lying horizontally on the chair, I felt totally relaxed while the rollers treat all areas of my body. Also, I simply adore the fact that I could customise the speed and intensity just by pressing the button on the remote control. This is indeed a perfect way to start or end one's day - especially when the rollers are designed to simulate human hands.

Home-makers will be happy to hear that OTO CYBER Indulge comes in 4 different colours (Cream, charcoal, coffee and camel) to match the deco of your room. Sit back, relax and enjoy life with OTO CYBER Indulge CD 1880.



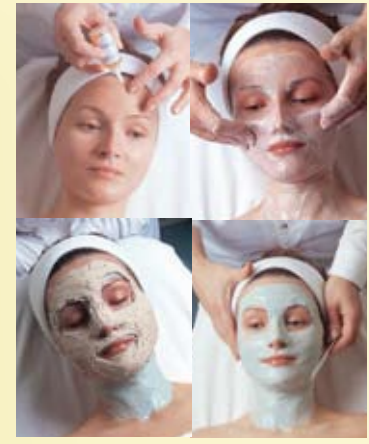
Stand a chance to win an OTO CYBER Indulge CD 1880 (worth \$2,680) this coming Christmas.

Please email promotions@ntucmedia.org.sg with your Name, NRIC, Contact Number, Email address and Address. Put the subject header as OTO CYBER Indulge CD 1880.



Renaza Wellness and Lifestyle Lab

Orchard Central, #02-13, Singapore 238896 Monday to Sunday from 11am to 9pm
Tel: 6884 4993



properties - this is especially important during the hazy season. Asians generally have an obsession with whitening - it's a bonus to note that seaweed has whitening effects as well.

The second layer would be the hydrating cream which was massaged gently in a circular manner into my skin. We need 8 glasses of water per day, likewise we have to remember to quench our thirsty skin. After that, she helped to tighten my pores and get rid of impurities on my face.

The third layer was the mixture of seaweed powder and gel which hardened into a rubber mask.

Lastly, the final layer consists of mineral gel and powder.

While waiting for the masks to set, I was given a comforting shoulder rub to ease away all the tension.

I examined myself in the mirror afterwards and boy, my face did look radiant and as smooth as a baby's bottom - a remarkable difference from before. I am ready to brave the world with a brand new face without makeup.

No thanks to my busy schedule, I hardly have time to follow the "cleanse, tone, moisturise" mantra. Therefore, I leapt at the opportunity to visit Renaza for their world-renown Repêchage four-layer facial. The cosy place is conveniently located at the heart of Orchard Road, and yet cleverly hidden away from the hustle-bustle of city life on the second level of Orchard Central.

My beauty therapist, Faye extended her warm hospitality to me. I can't help but notice her flawless skin - perhaps her beauty secret would be the faithful monthly facials.

Before the facial, I was asked to change into comfortable robes and brown 'hotel-like' slippers. Faye rubbed lavender essential oil on me while I was lying down. It had a hypnotic effect on me while I caught myself dozing off a couple of times.

As the name suggests, the four-layer Repêchage facial comprises of 4 different sheets. The first is the seaweed serum which has anti-ageing properties. Well it's never too young to start cherishing your skin. Apparently, seaweed has anti-oxidant

3 BEAUTY TIPS from co-owner Mr Ang Kim Heong, 34, who practices what he preaches:

Aging skin- Avoid direct exposure to the sun. It may act as a catalyst to the aging process. Sunblock is recommended strongly.

Acne Skin- Remove excessive oil to prevent bacteria growth. Makeup is discouraged as well to prevent pore blockage.

All types of skin- Apply your moisturizer directly after showering to lock in water.



Stand a chance to be one of our 15 lucky winners of a Repêchage four-layer facial (worth \$280) this coming Christmas.

Please email promotions@ntucmedia.org.sg with your Name, NRIC, Contact Number, Email address and Address. Put the subject header as Repechage 4layer facial.

- Yang Sue Ann

